

# Developmental Psychiatry Course

Coordinator: Dr Catharine McNab



Applications  
Now Open for  
**2021**

## WHAT

The Developmental Psychiatry Course (DPC) is a one-year part-time course accepted as the benchmark for vocational training in fundamental skills for the child and adolescent mental health field. There are two components:

**Theory:** Four terms of seminars, covering infants, parenting, toddlers, pre-schoolers, school-aged children, and adolescents, and the contextual factors that influence their development.

**Skills:** Supervised and supported experience observing and conducting assessments at a Victorian CAMHS.

## WHEN & WHERE

**Theory:** 1:30pm - 3:30pm on Wednesdays during the Victorian school term, starting 3 February. Delivered via live Zoom videoconference.

**Skills:** 9:00am - Noon on Wednesdays, starting mid-year (exact date TBD). Takes place at pre-assigned Victorian CAMHS sites.

## WHO

Professionals working with children and adolescents with mental health difficulties, including social workers, occupational therapists, psychiatric nurses, speech pathologists, and psychologists, as well as those working in education, child and family services, and general medicine, or equivalent.

## WHY

The DPC gives professionals foundational knowledge in normal and abnormal development across childhood and adolescence. This knowledge, together with clinical experience in CAMHS offered in the DPC, builds skills in working with children and adolescents with mental health difficulties, including assessment, diagnosis, formulation, and treatment planning.

## COST

Full course: \$1,925 GST-free

Theory component only: \$1,400 + GST

Successful applicants will need to complete a prerequisite online course: *Introduction to Child and Adolescent Mental Health Assessment* (\$470 + GST)

For further information contact [mindful-info@unimelb.edu.au](mailto:mindful-info@unimelb.edu.au) or (03) 9371 0220. Applications close 4 January, late applications will only be accepted if numbers allow. Minor schedule changes may occur. Places are limited. Apply through [www.mindful.org.au](http://www.mindful.org.au).