Mindful - Centre for Research and Training in Developmental Health

DPC Advanced

Coordinator: Dr Catharine McNab



WHY

DPCA develops professionals' knowledge of frameworks of psychotherapy with children, adolescents, families, and the systems that support them. This knowledge, together with supervised practice, enhances professionals' capacity to work therapeutically with children and young people. The DPCA builds on Mindful's Developmental Psychiatry Course, the industry-standard course for assessment and formulation in child and adolescent mental health.

DPC Advanced can be completed as theory only, or theory + skills.

WHAT

The Developmental Psychiatry Course -Advanced (DPCA) is a one-year, part-time course that extends professionals' capacity to work therapeutically with children and adolescents.

Theory: three 12-week terms

Term 1: Using theory to understand the relational world of children and adolescents

Term 2: Working with children

Term 3: Working with adolescents

Skills: two 12-week blocks of small group in-depth clinical supervision with experienced mental health clinicians, run during term 2 and term 3

WHEN

Theory: Wednesdays 9:30am - Noon

19 February - 02 December 2020

Skills: Wednesdays 12:30pm - 2pm

02 June - 02 December 2020

WHO

Professionals working with children and adolescents with mental health difficulties, including social workers, occupational therapists, speech pathologists, psychiatric nurses, and psychologists, as well as those working in education, child and family services, and general medicine, or equivalent.

COST

Theory only: \$3050 excluding GST Skills: \$1580 excluding GST

Prerequisite: Mindful's Child and Youth Mental Health Services Introduction to Assessment short course, or equivalent.