

# SLEEPING ISSUES IN ASD

[mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

## WHO IS THE TRAINING FOR?

Mental Health Clinicians and other professionals such as psychologists, social workers, speech pathologists, occupational therapists, paediatricians, psychiatrists and registrars, working with children and young people with ASD.



## WHO PROVIDES THE TRAINING?

Dr Deb Marks is consultant paediatrician for the RCH Mental Health Specialist Autism Team. Dr Marks is a paediatrician with child psychiatry training who has worked in mental health specializing in autism for over 20 years.

## WHAT DOES THE TRAINING INCLUDE?

Dr Deb Marks will present on sleep disorders in autism including background issues and aetiology, medications, and simple behavioural measures that can be used in mental health consultations to improve sleep.

This presentation will include clinical case presentations and there may be an opportunity for attendees to raise clinical challenges and concerns when working with these children young people if time allows.


### Please note:


We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?


Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne


 Building C, 50 Flemington St,  
Travancore, VIC 3032

 **P** Parking is not available on site, see Mindful website for further information.

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at

 [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)

 03 9371 0200



**DATE (9.00am - 12.30pm)**

Friday 6 November 2020 (online)

**COST:** \$99

Subsidised rate of \$55 is available for Victorian CYMHS/CAMHS clinicians, Headspace clinicians, and other Victorian publicly employed mental health clinicians.



Register online at [mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

### Disclaimer:

All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.