

# ASD IN ADULTS INTRODUCTORY WORKSHOP

[mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

## WHO IS THE TRAINING FOR?

Psychiatrists, Psychologists, Occupational Therapists, Social Workers, Speech Pathologists, and Psychiatric Nurses.

## WHO PROVIDES THE TRAINING?

Dr Emma Radford, Consultant Psychiatrist, Royal Melbourne Hospital  
Jo Rouse, Senior Clinician & ASD Coordinator, Orygen Youth Health

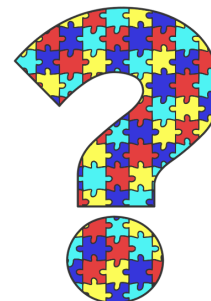
## WHAT DOES THE TRAINING INCLUDE?

Autism spectrum disorder is now commonly diagnosed in childhood, but this was not the case for the generation who are now adults. Changes in diagnostic practices and a growing awareness about how Autism presents in adulthood brings new opportunities to provide a diagnosis to those who were missed. Psychiatrists and other mental health clinicians need to be able to recognise autism in the context of comorbid psychiatric disorders such as psychosis, personality disorder, depression and anxiety. This training will provide an introduction to how Autism presents in adults and how to engage Autistic adults in a mental health treatment. Please note this training does not focus on intellectual disability and severe challenging behaviours. We will explore:

1. Recognising ASD in psychiatric clients presenting with other mental health disorders
  - Understanding the differences between how autism presents in adults and children
  - Identifying the red flags for autism in crisis presentations
  - Screening tools
  - Referral options and resources
2. Engagement strategies to support Autistic adults in mental health care
3. Lived experience perspectives

Please note this is an introductory workshop, further information regarding comprehensive diagnostic assessment processes and specific interventions will follow in the 2 day advanced workshops throughout 2021.

Prior to the training, you will be sent an email with any pre-reading materials and a Zoom link.



### Please note:

We encourage early registration as some workshops reach capacity quickly. Additional workshops may be scheduled if there is sufficient interest.

Fees listed include the Goods and Services Tax (GST).

### Where are we?

Mindful – Centre for Training and Research in Developmental Health  
Department of Psychiatry,  
University of Melbourne



This training will be delivered online via live Zoom videoconference

### Enquiries

Please direct enquiries to Frances Saunders, Statewide Autism Training Coordinator at

✉ [mindful-asd@unimelb.edu.au](mailto:mindful-asd@unimelb.edu.au)  
☎ 03 9371 0200



### DATES (9.30am - 4.00pm)

Friday 26 February (online)  
Friday 12 March (online)  
Friday 26 March (online)

### COST: \$198

Subsidised rate of \$99 is available for Victorian CYMHS/CAMHS clinicians and other clinicians working at Victorian publicly funded mental health services



Register online at [mindful.org.au/Autism-Training.aspx](http://mindful.org.au/Autism-Training.aspx)

### Disclaimer:

All information correct at time of printing. Mindful reserves the right to make changes to the training calendar or any general or specific information published in this calendar. Mindful reserves the right to cancel courses that do not achieve minimum participation, in which case, course fees will be refunded.